



CELTIC FORCE FOOTBALL



AND

PRIME PERFORMANCE SPORTS

BASIC FOOTBALL TRAINING

ARE YOU AN INEXPERIENCED RISING MIDDLE SCHOOL, JV OR VARSITY FOOTBALL PLAYER????

WE WILL GET YOU READY TO COMPETE!!

4 SESSIONS = \$200

**LEARN PROPER STANCE, FOOTWORK, TACKLING,
BLOCKING + SKILL POSITION AND POSITION
SPECIFIC DRILLS**

SATURDAYS

3PM

AUGUST

2/9/16/23

**COACH
PAT IRWIN
STONY BROOK UNIV
QB/WR**

**COACH
BRIAN HUGHES
MOLLOY UNIV H.C
CW POST/LIU O.C.
USMMA O.C.
PRES. CELTIC FORCE FB**

ALSO FEATURING GUEST COACHES!!!!

**PRIME PERFORMANCE
SPORTS.COM**

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**CALL 631 828-1973
TO REGISTER**

**617 N. BICYCLE PATH
PORT JEFF STATION**