# Parent University Spring 2025

# February 5th at 7pm

Empowering Young Minds: Managing Anxiety and Fostering Social Emotional Intelligence

Jessica A. Scher Lisa, Psy. D.

## March 18th at 7:30pm

Thriving Under Pressure: Building Resilience and Stress Tolerance in Students

Dr. Dan Volk, PhD

# April 1st at 7pm

Mental Health in the Digital Age: Protecting Your Child's Wellness

Dr. Kelly Oliver, School Psychologist Gina Varacchi and Jeanine Lombardo, Three Village Educational Technology Coaches

### Register by clicking <u>HERE</u> or scan the QR code



#### **Contact Information**

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