

# REGISTER NOW!

## SUNSHINE'S FALL PROGRAMS

### SAFE KIDS

Ages 5-10

Wednesdays 5:00-6:00 PM



### YOUTH LEADERSHIP CLUB

Ages 10-13

Wednesdays 6:15-7:15 PM

### TEEN LEADERSHIP CLUB

Skills Ages 13+

Tuesdays 5:00-6:00 PM

#### These programs focus on:

- Positive social skills
- Healthy relationships
- Self-esteem & self-acceptance
- Positive thinking
- Expressing emotions
- Coping with anxiety
- Communication

Children and youth groups include a parent component that runs during the same time.

### Young Adult Programs:

Helping older teens and young adults find meaning, motivation & direction.

**CO-ED: Tuesdays 3:30-4:30 bi-weekly**  
(Community Outreach & Emotional Development)

**YASG: Wednesdays 3:00-4:00**  
(Young Adult Support Group)

### ADULT & PARENT programs:

\*Court-Approved Parenting, Anger Management, & Substance Abuse Prevention available

\*\* New Parent Services: Coming this winter!

Please call to inquire about any of our programs.

Call to set up your initial appointment for free

(631)476-3099

[www.sunshinepreventionctr.org](http://www.sunshinepreventionctr.org)

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Sunshine Prevention Center

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