

Three Village Central School District HS Menu -

October 2021

SCHOOL MEALS ARE NO COST*

MENU SUBJECT TO CHANGE

*1 Breakfast and 1 Lunch for Each Student Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU IS SUBJECT TO CHANGE Due to Mfg. Shortages and Delivery Delays, Menu Changes May Occur The HS Cafe Offers Many Daily Alternatives That Students Can Select from if The Daily Options Are Not Available.				1 Pizza Garden Salad Fruit Milk
4 Southwest Chicken Wrap Shredded Cheddar Lettuce, Black Beans Peach cup Milk	5 Popcorn Chicken Glazed Carrots Garlic Bread Apples Milk	6 Gyro Bar Pita Pocket Cucumbers, Tomato Feta Cheese Tzatziki Sauce Orange Slices Milk	7 Beef Taco Assorted toppings Golden Corn Black Beans Pears Milk	8 Pizza Quinoa Salad Fresh Fruit Salad Milk
11 NO SCHOOL	12 Beef Lo Mein Teriyaki Noodles Asian Veggies Pineapple Milk	13 Burrito Bar Fajita Chicken Pepper Strips Rice WW Tortilla Cheese, Black Beans Sour Cream Oranges Milk	14 Meatball Hero Mozzarella Cheese Marinara Sauce Roasted Zucchini Mixed Fruit Milk	15 Pizza Tomato Salad Fresh Fruit Salad Milk
18 BBQ Chicken Brown Rice Mixed Veggies Orange Slices Milk	19 Mozzarella Sticks Marinara Sauce Fresh Roasted Zucchini Mixed Fruit cup Milk	20 Mac & Cheese Bar Meatballs, Black Beans, Chicken, Bacon Bits Peas, Broccoli Apple Milk	21 French Toast Sticks Syrup Scrambled Eggs Sweet Potato Fries Grapes Milk	22 Pizza Caesar Salad Fruit Milk
25 Popcorn Chicken Sweet Corn Warm Biscuits Oranges Milk	26 BBQ Pulled Turkey Bacon Cheddar Wrap Sweet Potato Fries Fruit Milk	27 Burger Bar Choose your toppings Whole Wheat Bun Baked Beans Tater Tots Apple Milk	28 Meatballs Marinara Sauce Rigatoni Zucchini Mixed Fruit Milk	29 Pizza Garden Salad LF Dressing Fresh Fruit Salad Milk

Also available daily:

Big Daddy's Pizza, Spicy Chicken on a bun, Burgers on a bun, Veggie Burgers, Wraps, Salad bar

Boar's Head Deli Bar – Lunch Line in the Center Serving Line

Every Day - Made to order sandwiches with your choice of toppings.

Grab N Go: Spicy Chicken on a bun, Hamburger on a bun

Offered with fruit, milk & a chilled version of the vegetable listed on the calendar above

Salad Bar: Salads made to your liking with choices of fresh produce, chicken, cheese, legumes, etc.

Grab N Go: Wraps, Sandwiches, Pizza, Chicken on a Bun, Hamburger on a bun

All options offered with fruit, chilled vegetable and milk

Child Nutrition Services

730-4505

We would love to hear from you.

Please email your comments and menu suggestions:

childn@3villagecsd.k12.ny.us

School meals

are being provided at NO COST

*One breakfast and one lunch for each child daily. Does not include extra portions or a la carte items.

Regular prices

Lunch \$3.40

Breakfast \$2.15

Reduced Price \$.0

Pre-Payments are recommended:

cash or check can be sent into school with your child, Or mail checks payable to:

Three Village Cafeteria Fund" to 100 Suffolk Ave. Stony Brook

Credit card pymt: MySchoolBucks.com

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WE ARE HIRING

730-4505.
