

Three Village Central School District HS Menu - September, 2020

MENU SUBJECT TO CHANGE

For a complete meal students must take a minimum of three of the five offered meal components (meat/meat alternative, grain, fruit, vegetable, milk) **and** students must select at least one fruit or vegetable.

Line 1 Specialty Side- Lunch Line Near the Gym A rotating menu of students' favorites				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 Labor Day	8 Chicken Tenders Biscuit Corn Peach Cup Milk	9 Meatball Hero With or W/O Mozzarella Fresh Roasted Parmesan Cauliflower Grapes Milk	10 Taco Crunchy Chips Assorted Toppings Golden Corn Black Beans Apple Milk	11 Pizza Cucumber Slices Dipping Dressing Two bean Salad Mixed Fruit Cup Milk
14 Chicken Fajita Whole wheat wrap Peppers & onion Black Beans Mixed Fruit cup Milk	15 Grilled cheese Specialty or plain Golden Corn Frozen Fruit Cup Milk	16 French Toast Sticks Egg, Sausage Syrup Glazed Carrots Applesauce Milk	17 Pasta Meat sauce or Marinara Sauce Mozzarella cheese Garlic Bread Broccoli Orange Milk	18 Pizza Tossed Salad Dressing Bean Salad grapes Milk
21 Grilled Chicken With Melted Cheddar Bacon, & Roasted Peppers On a Kaiser Roll Green Beans Peach cup Milk	22 Mozzarella Sticks Marinara Sauce Warm Bread Stick Broccoli Pear cup Milk	23 Croissant with Turkey, cheese Bacon (optional) Lettuce & tomato Honey Mustard Tomato Soup French Fries Grapes, Milk	24 Taco Crunchy Chips Assorted Toppings Golden Corn Black Beans Fresh Fruit Salad Milk	25 Pizza Sweet Potato Fries Frozen Strawberry Cup Milk
28 No School	29 Chicken Tenders Warm Roll Roasted Potatoes Cinnamon Applesauce Milk	30 BBQ Pulled Turkey On a Roll Baked Beans Grapes Milk		
<div style="border: 1px solid black; padding: 5px; margin: 10px auto; width: 80%;"> <p>Welcome Back. We welcome student suggestions for our menus!!</p> </div> <p style="text-align: center;">Grab and Go Pizza, Spicy Chicken on a bun, Burgers on a bun, Wraps, Salad bar</p>				

Line 2 Deli Bar – Lunch Line in the Center Serving Line
Every Day – Pre Made sandwiches to select from.
Boars Head available for an additional \$1.00
Grab N Go: Spicy Chicken on a bun, Hamburger on a bun
Offered with fruit, milk & a chilled version of the vegetable listed on the calendar above

Line 3 Salad Side - Lunch Line near the Auditorium All options offered with:
fruit, chilled vegetable and milk

Pre-Made Salads to select from, Fresh produce, chicken, cheese, legumes
Grab N Go: Wraps, Sandwiches, Pizza, Chicken or Hamburger on a Bun

Child Nutrition Services
730-4505
We would love to hear from you. Please email your comments and menu suggestions:
childn@3villagecsd.k12.ny.us

Lunch Prices
Lunch \$3.40
Reduced Price \$0

Pre-Payments can be made at
MySchoolBucks.com

If you prefer to send a check into school with your child, please make check payable to
"Three Village Cafeteria Fund"

Milk is Available Daily (Included with Lunch)

1% White, Fat Free: White, Chocolate & Strawberry

Baby Carrots are available daily as a fresh vegetable option.

A variety of Fresh, frozen, and canned fruits and veggies are offered based on availability.

Hot & Cold Breakfast Available Daily
\$2.15

Additional Child Nutrition Program Information can be found on the district website such as:
Free & Reduced Application Charge Policy, Wellness Policy

EARN WHILE YOUR CHILDREN LEARN. WE ARE HIRING
730-4505.
