

Three Village Central School District HS Menu - September, 2019

MENU SUBJECT TO CHANGE

For a complete meal students must take a minimum of three of the five offered meal components (meat/meat alternative, grain, fruit, vegetable, milk) **and** students must select at least one fruit or vegetable.

Line 1 Specialty Side- Lunch Line Near the Gym A rotating menu of students' favorites				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Labor Day	3 Chicken Smackers Fluffy Brown Rice Gravy Broccoli Applesauce Milk	4 Meatball Hero With or W/O Mozzarella Fresh Roasted Parmesan Cauliflower Grapes Milk	5 Taco Crunchy Chips Assorted Toppings Golden Corn Black Beans Apple Milk	6 Domino's Pizza Cucumber Slices Dipping Dressing Two bean Salad Mixed Fruit Cup Milk
9 Chicken Tenders Warm Bread Stick Golden Corn Pear cup Milk	10 Grilled cheese Specialty or plain Green Beans Frozen Fruit Cup Milk	11 French Toast Sticks Egg, Sausage Syrup Glazed Carrots Applesauce Milk	12 Pasta Meat sauce or Marinara Sauce Mozzarella cheese Garlic Bread Broccoli Orange Milk	13 Domino's Pizza Celery sticks Dipping Dressing Bean Salad grapes Milk
16 Grilled Chicken With Melted Cheddar Bacon, & Roasted Peppers On a Kaiser Roll Green Beans Peach cup Milk	17 Mozzarella Sticks Marinara Sauce Warm Bread Stick Broccoli Pear cup Milk	18 Croissant with Turkey, cheese Bacon (optional) Lettuce & tomato Honey Mustard Tomato Soup French Fries Grapes, Milk	19 Taco Crunchy Chips Assorted Toppings Golden Corn Black Beans Fresh Fruit Salad Milk	20 Domino's Pizza Sweet Potato Fries Frozen Strawberry Cup Milk
23 Spicy Chicken Strips Brown Rice Gravy Broccoli Mixed Fruit Cup Milk	24 Chicken Bar Select your favorite toppings Roasted Potatoes Cinnamon Applesauce Milk	25 BBQ Pulled Turkey On a Roll Baked Beans Grapes Milk	26 Meatball Hero Mozzarella cheese optional Green beans Peach cup Milk	27 Domino's Pizza Sweet Potato fries Chick peas in dressing Pear cup Milk
<div style="border: 1px solid black; padding: 5px; margin: 10px auto; width: 80%;"> <p>Welcome Back. We welcome student suggestions for our menus!!</p> </div> <p style="text-align: center;">Grab and Go Pizza, Spicy Chicken on a bun, Burgers on a bun, Wraps, Salad bar</p>				

Line 2 Deli Bar – Lunch Line in the Center Serving Line
Every Day - Made to order sandwiches with your choice of toppings. Boars Head available for an additional \$1.00
Grab N Go: Spicy Chicken on a bun, Hamburger on a bun
Offered with fruit, milk & a chilled version of the vegetable listed on the calendar above

Line 3 Salad Side - Lunch Line near the Auditorium All options offered with: fruit, chilled vegetable and milk
Salad Bar: Salads made to your liking with choices of fresh produce, chicken, cheese, legumes, etc.
Grab N Go: Wraps, Sandwiches, Pizza, Chicken on a Bun, Hamburger on a bun

Child Nutrition Services
730-4505
We would love to hear from you. Please email your comments and menu suggestions:
childn@3villagecsd.k12.ny.us

Lunch Prices
Lunch \$3.25
Reduced Price \$0

Pre-Payments can be made at
MySchoolBucks.com

If you prefer to send a check into school with your child, please make check payable to
"Three Village Cafeteria Fund"

Milk is Available Daily (Included with Lunch)

1% White, Fat Free: White, Chocolate & Strawberry

Baby Carrots are available daily as a fresh vegetable option.

A variety of Fresh, frozen, and canned fruits and veggies are offered based on availability.

Hot & Cold Breakfast Available Daily
\$2.00

Additional Child Nutrition Program Information can be found on the district website such as:
Free & Reduced Application
Charge Policy,
Wellness Policy

EARN WHILE YOUR CHILDREN LEARN. WE ARE HIRING
730-4505.
