

Three Village Central School District HS Menu - May, 2015

MENU SUBJECT TO CHANGE

For a complete meal students must take a minimum of three of the five offered meal components (meat/meat alternative, grain, fruit, vegetable, milk) and students must select at least one fruit or vegetable.

Line 1 Specialty Side- Lunch Line Near the Gym A rotating menu of students' favorites				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Day	Burger/Chicken Day burgers served on ww bun, chicken on ww Kaiser roll	Variety day	Taco Bar Day with your favorite toppings	Pizzeria Pizza
				1 Pizza Celery Sticks Low Fat French Dressing Bean Salad Pear Cup Milk
4 Chicken Nuggets Fluffy Brown Rice Gravy Broccoli Applesauce Milk	5 Burger Bar Choice of Toppings Tater Tots Ketchup Orange Milk	6 Pasta Meatballs Marinara Sauce Tossed salad LF Dressing Banana Milk	7 Taco Crunchy Chips Assorted Toppings Corn Black Beans Fresh Fruit Salad Milk	8 Pizza Cucumber slices Chessman Salad Peach cup Milk
11 Popcorn chicken Mashed Potatoes Gravy Steamed Carrots Peach Cup Milk	12 Chicken Bar Choice of Toppings Tater tots Ketchup Frozen Strawberry cup Milk	13 Mozzarella Sticks Marinara Sauce Italian Bread Apple Milk	14 Taco Crunchy Chips Assorted Toppings Corn Black Beans Pineapple Tidbits Milk	15 Pizza Cherry Tomatoes Low Fat Dressing Two Bean Salad Fresh Pear Milk
18 Teriyaki Chicken Fluffy Brown Rice Gravy Carrots Edamame (on the side) Pineapple Tidbits Milk Fortune Cookie	19 Burger Bar Choice of Toppings Seasoned Roasted Potatoes Ketchup Banana Milk	20 Roast Beef & Mozzarella Wrap Broccoli Fresh Fruit Salad Milk	21 Taco Crunchy Chips Assorted Toppings Corn Black Beans Mixed Fruit Cup Milk	22 Pizza Cucumber Slices Low Fat Dressing Bean and Pasta salad Orange Milk
25  Memorial Day School Closed	26 Chicken Bar Choice of Toppings Tater Tots Ketchup Pineapple Tidbits Milk	27 Meatball Hero With or without Mozzarella Seasoned Steamed Broccoli Pear Cup Milk	28 Taco Crunchy Chips Assorted Toppings Corn Black Beans Banana Milk	29 Pizza Green bean salad Pasta bean salad Peach cup Milk

Also available daily on Line 1:

Grab and Go Pizza, Spicy Chicken on a Bun, Burgers on a Bun (with: fruit, veg, and milk)

Line 2 Deli Bar – Lunch Line in the Center Serving Line

Every Day - Made to order sandwiches or wraps with your choice of toppings.
Grab N Go: Spicy Chicken on a bun, Hamburger on a Bun

All Selections are offered with fruit, milk & a chilled version of the vegetable listed on the calendar above

Line 3 Salad Side – Lunch Line near the Auditorium

Salad Bar: Salads made your way with choices of fresh produce, chicken, cheese, etc.

Grab N Go: Wraps, Sandwiches, Pizza, Chicken or burger on a bun

All Selections are Offered With Fruit Vegetable and Milk

Child Nutrition Services

730-4505

We would love to hear from you.

Please email your comments and menu suggestions:

childn@3villagecsd.k12.ny.us

Lunch Prices

Lunch \$ 2.75

Reduced Price \$.25

Pre-Payments can be made at

MyLunchMoney.com

If you prefer to send a check into school with your child, please

make check payable to

“Three Village Cafeteria Fund”

Milk is Available Daily (Included with Lunch)

1% White, Fat Free:

White, Chocolate & Strawberry

Baby Carrots

are available daily as a fresh vegetable option.

A variety of Fresh, frozen, and canned fruits and veggies are offered based on availability.