

Three Village Central School District HS Menu - January 2016

MENU SUBJECT TO CHANGE

For a complete meal students must take a minimum of three of the five offered meal components (meat/meat alternative, grain, fruit, vegetable, milk) and students must select at least one fruit or vegetable.

Line 1 Specialty Side- Lunch Line Near the Gym A rotating menu of students' favorites				
MONDAY is Chicken Day	TUESDAY is Burger Bar	WEDNESDAY Variety day	THURSDAY Is Taco Bar Day with your favorite toppings	FRIDAY is Pizzeria Pizza
4 Chicken Nuggets Fluffy Brown Rice Gravy Steamed Carrots Pear cup Milk	5 Chicken Bar Select your Favorite Toppings Tater Tots Apple Milk	6 Mozzarella Sticks Marinara Sauce Garlic Bread Stick Tossed Salad Orange Milk	7 Taco Crunchy Chips Assorted Toppings Golden Corn Black Beans Fresh Fruit Salad Milk	8 Pizza Cucumber Slices LF Ranch Dressing Two bean salad Mixed Fruit Cup Milk
11 Chicken Smackers BBQ Dipping Sauce Biscuit Broccoli Pineapple tidbits Milk	12 Burger Bar Select your Favorite Toppings Seasoned roasted Potatoes Orange Milk	13 Meatball Hero With or w/o Cheese Marinara Sauce Green Beans Peach cup Milk	14 Taco Crunchy Chips Assorted Toppings Golden Corn Black Beans Fresh Fruit Salad Milk	15 Pizza Cherry Tomatoes LF Ranch Dressing Chessman Salad Pear Cup Milk
18 SCHOOL CLOSED 	19 Chicken Bar Select your Favorite Toppings Steamed Carrots Orange Milk	20 Pasta Meatballs Marinara Sauce Tossed salad Dressing Pear cup	21 Taco Crunchy Chips Assorted Toppings Golden Corn Black Beans Apple Milk	22 Pizza Fresh cut celery & dip Chick Pea salad Peach Cup Milk
25 Spicy Chicken Strips Dipping Sauce Brown Rice Gravy Broccoli Peach Cup Milk	26 Burger Bar Select your Favorite Toppings Tater Tots Banana Milk	27 Turkey & Cheese Wrap With Lettuce & Tomato Steamy Tomato Soup Roasted Zucchini Orange Milk	28 Taco Crunchy Chips Assorted Toppings Golden Corn Black Beans Apple Milk	29 Pizza Cherry tomatoes & dip Two bean salad Pear cup Milk
Also available daily on Line 1: Grab and Go Pizza, Spicy Chicken on a bun, Burgers on a bun, Wraps, Salad bar				

Line 2 Deli Bar – Lunch Line in the Center Serving Line
Every Day - Made to order sandwiches with your choice of toppings.
Grab N Go: Spicy Chicken on a bun, Hamburger on a bun
Offered with fruit, milk & a chilled version of the vegetable listed on the calendar above

Line 3 Salad Side - Lunch Line near the Auditorium Offered with:
fruit, vegetable and milk
Salad Bar: Salads made to your liking with choices of fresh produce, chicken, cheese, etc.
Grab N Go: Wraps, Sandwiches, Pizza, Chicken on a Bun, Hamburger on a bun

Child Nutrition Services
730-4505
We would love to hear from you. Please email your comments and menu suggestions:
childn@3villagecsd.k12.ny.us

Lunch Prices
Lunch \$3.00
Reduced Price \$.25

Pre-Payments can be made at MySchoolBucks.com
If you prefer to send a check into school with your child, please make check payable to "Three Village Cafeteria Fund"

Milk is Available Daily (Included with Lunch)

1% White, Fat Free: White, Chocolate & Strawberry

Baby Carrots are available daily as a fresh vegetable option.

A variety of Fresh, frozen, and canned fruits and veggies are offered based on availability.

Hot & Cold Breakfast Available Daily
\$1.75

Additional Child Nutrition Program Information can be found on the district website such as:
Free & Reduced Application Charge Policy, Wellness Policy

This Institution is an equal opportunity provider and employer.
