

*Three Village Central School District JHS Menu

June 2019

Students must select a fruit or vegetable for a complete meal

Menu Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
EARN WHILE YOUR CHILDREN LEARN. WE ARE HIRING 730-4505.				
3 Chicken Smackers Fluffy Brown Rice Green Beans Applesauce Milk	4 Taco Tuesday Crunchy Chips Black Beans, Corn Lettuce, Tomatoes Salsa Sour Cream Fresh Fruit Milk	5 Chicken Patty with cheese & lettuce Broccoli Grapes Milk	6 Meat Ball Hero Mozz Cheese Golden Corn Watermelon Milk	7 Big Daddy's Pizza Carrots Circles Two bean salad Peach Cup Milk
10 Roasted Chicken Ketchup Fluffy Rice Green Beans Pear cup Milk	11 Beef Soft Taco Golden Corn Black Beans Shredded Cheddar Salsa, Sour Cream Fruit Cup Milk	12 BBQ Ribette On a Club Roll Homestyle Baked Beans Orange Milk	13 Managers' Specials Milk	14 Pizza Carrot circles Peaches Milk
17 Managers Specials	18	19	20	21
24	25	26	27	28

Child Nutrition Services 730-4505
 We would love to hear from you. Please email your comments and menu suggestions to:
childn@3villagecsd.k12.ny.us

Pre-Payments can be made via Credit Card at
 MySchoolBucks.com

If you prefer to send a check into school with your child, please make check payable to "Three Village Cafeteria Fund"

Lunch \$3.25
Reduced \$0.25

Please note: To receive lunch at these prices, students are required to choose at least three of the five lunch components offered, and one component selected **Must be a fruit or vegetable**. If less than three of the meal components are selected, or a vegetable or fruit is not taken, *a la carte* pricing will be in effect.

Complete meals are healthier and cost less!!

The five components offered daily are:

Meat or meat alternative/ Grain /Vegetable/ Fruit/ Milk

Hot Alternate Option "of the day" comes with the day's sides, and milk

- * Mon – Pizza
- * Tue – Chicken on a bun
- * Wed – Pizza
- * Thurs – Calzone, dipping sauce

Cold Alternatives available
Comes with the daily sides, and milk

- * Assorted Sandwiches
- * Assorted Salads (Tues. Wed. Thurs.)
- * Bagel Lunch (with cheese sticks and/or yogurt)

*******Boars Head Lunch \$4.25*******

Available on Wednesdays
 Fresh made to order sandwiches

Baby Carrots/Seasonal Fresh Fruit
 may additionally be offered based on availability.
Hot & Cold Breakfast Available Daily

Join us for Breakfast in the cafeteria when you get off the bus, \$2.00 (reduced price .25)
 Breakfast Includes, Grain/Meat(meat alternative), Fruit/Vegetable, Milk
 Choose from: Assorted Cereals, Bagels, Pancakes, Egg sandwiches,

*Menu subject to change, Changes are posted on the child nutrition page of the district website