

# Three Village Central School District HS Menu - October 2017

MENU SUBJECT TO CHANGE

For a complete meal students must take a minimum of three of the five offered meal components (meat/meat alternative, grain, fruit, vegetable, milk) **and** students must select at least one fruit or vegetable.

<b>Line 1 Specialty Side- Lunch Line Near the Gym</b> A rotating menu of students' favorites				
<b>MONDAY</b> is <b>Chicken Day</b>	<b>TUESDAY</b> Is Burger/ <b>Chicken Bar</b>	<b>WEDNESDAY</b> Variety Day	<b>THURSDAY</b> Is Taco Bar Day with your favorite toppings	<b>FRIDAY</b> is <b>Pizzeria Pizza</b>
2 Chicken Nuggets Fluffy Brown Rice Gravy Broccoli Applesauce Milk	3 Burger Bar Select your favorite toppings French Fries Grapes Milk	4 Meatball Hero With or W/O Mozzarella carrots Frozen Peach Cup Milk	5 Taco Crunchy Chips Assorted Toppings Golden Corn Black Beans Apple Milk	6 Pizza Fresh Roasted Zucchini Two bean Salad Mixed Fruit Cup Milk
9 <b>Columbus Day</b>  <b>National School Lunch Week October 10<sup>th</sup>-13th</b>	10 Chicken Bar Select your favorite toppings Carrots Chilled Peach Cup Milk	11 Pasta Meat Sauce Mozzarella cheese Garlic Bread Broccoli Applesauce Milk	12 Taco Crunchy Chips Assorted Toppings Golden Corn Black Beans Grapes Milk	13 Pizza Celery sticks LF French Dressing Pear cup Milk
16 Grilled Chicken With Melted Cheddar Bacon, & Roasted Peppers On a Kaiser Roll Carrots Peach cup Milk	17 Burger Bar Select your favorite toppings Tater Tots Grapes Milk	18 Max Sticks (cheese filled bread) Tomato dipping Sauce Broccoli Frozen Strawberry Cup Milk	19 Taco Crunchy Chips Assorted Toppings Golden Corn Black Beans Peach Cup Milk	20 Pizza Celery sticks LF French Dressing Cinnamon Applesauce Milk
23 Spicy Chicken Strips Brown Rice Gravy Broccoli Mixed Fruit Cup Milk	24 Chicken Bar Select your favorite toppings Roasted Potatoes Grapes Milk	25 Meatloaf Mashed Potatoes, gravy Warm Bread Stick Carrots Banana Milk	26 Taco Crunchy Chips Assorted Toppings Golden Corn Black Beans Fresh Fruit Salad Milk	27 Pizza Cucumber slices Chick peas in dressing Pear cup Milk
30 Popcorn Chicken BBQ Dipping Sauce Or ketchup Warm Bread Stick Green Beans Applesauce Milk	31 Burger Bar Select your favorite Toppings Carrots Frozen Fruit Cup Milk			

### Also available daily

Selections on all lines are offered with fruit, milk & a chilled version of the vegetable listed on the calendar above :

### on Line 1- Lunch Line Nearest to the Gym

Grab and Go Pizza, Spicy Chicken on a bun, Burgers on a bun, Wraps, Salad bar

### Line 2 Deli Bar – Lunch Line in the Center Serving Line

Every Day - Made to order sandwiches with your choice of toppings. Boars Head available for an additional \$1.00

**Grab N Go:** Spicy Chicken on a bun, Hamburger on a bun

### Line 3 Salad Side - Lunch Line near the Auditorium

**Salad Bar:** Salads made to your liking with choices of fresh produce, chicken, cheese, legumes, etc.

**Grab N Go:** Wraps, Sandwiches, Pizza, Chicken or Burger on a Bun

### Child Nutrition Services

**730-4505**

We would love to hear from you. Please email your comments and menu suggestions:

[childn@3villagecsd.k12.ny.us](mailto:childn@3villagecsd.k12.ny.us)

### Lunch Prices

Lunch \$ 3.25  
Reduced Price \$.25

Pre-Payments can be made at MySchoolBucks.com  
**(NOTE: The Auto Fund Option does shut down early June)**

If you prefer to send a check into school with your child, please make check payable to "Three Village Cafeteria Fund"

### Milk is Available Daily (Included with Lunch)

1% White, Fat Free: White, Chocolate & Strawberry  
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### Baby Carrots

are available daily as a fresh vegetable option.

A variety of Fresh, frozen, and canned fruits and veggies are offered based on availability.

### Hot & Cold Breakfast Available Daily

\$2.00

Additional Child Nutrition Program Information can be found on the district website such as:

Free & Reduced Application Charge Policy, Wellness Policy

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EARN WHILE YOUR CHILDREN LEARN. WE ARE HIRING 730-4505.